Why You Need an Adjustable Bed Frame

Sleep Better, Feel More Rested, Improve Your Day

Do you need to improve the way you sleep? Do you wake up feeling less rested then you should. Do you suffer from poor circulation, a bad back, sleep apnea, or a snoring condition? If you answered yes to any of these then an adjustable bed frame can help you sleep better immediately.

Adjustable bed frames allow you to elevate your head and feet while you sleep putting your body in a natural “neutral” sleeping position, which improves blood flow, reduces tension on the head, neck, back, spine and hips, and leads to a more sound sleep. Adjustable bed frames have been proven to improve the amount of rest you can achieve in a night’s sleep.

Change the way you sleep TODAY!

Get more rest to achieve a healthier life!

How Do Adjustable Beds Work?

Adjustable beds work by allowing a sleeper to elevate their head and their feet to sleep. An adjustable bed frames consist of a metal foundation with legs, and an adjustable box spring (the portion that can be elevated and adjusted). The adjustable bed frame takes the place of a traditional metal bed frame and box spring. The mattress will sit directly on top of the adjustable box spring portion of the frame. The metal bed frame is made of a sturdy steel base that can hold over 600lbs.

The adjustable bed frame has a motor underneath it that interacts with a hand-held remote control. Depending on the model you choose to purchase your remote control will either be connect via a wired cord, or will operate wirelessly- like a Television remote. The adjustable remote will operate the adjustable bed base, and is what you use to adjust the head and feet of the bed frame up and down.

- Incline head and feet up to 70 degrees
- Adjust head and feet separate or together
- Sturdy steel metal base holds over 600lbs
- Adjustable box spring holds and adjusts mattress for optimal sleeping position
- Easy to use hand-held remote allows for easy custom sleeping position

Adjustable Bed Benefits

- Stop Snoring
- Cure sleep apnea
- Rest your tired back
- Improve blood flow and circulation for better rest
- Sleep more soundly
- Find an optimal sleeping position
- Wake up feeling REFRESHED!
What Mattress Can I use with my Adjustable Bed Frame?

Generally it is best to use a memory foam or latex foam bed with your adjustable bed frame. These mattresses are able to conform to the base when it is adjusted. These mattresses will also provide the best support while you sleep on your adjustable bed.

What Sizes Are Available?

Adjustable bed bases come in all typical mattress sizes including: Twin, Twin XL, Full, Queen, King, and California King.

Please note Queen, King, and California King adjustable bed bases are available in split sizes.

How Fast Can I Get My Adjustable Base?

Typical delivery time for an adjustable bed base is around 5 business days. If you elect for an upgraded shipping option such as delivery with set up, then final delivery may take 7-10 days.

If you need your bed expedited please call one of our customer care representatives at (866) 805 0120. They will assist you with getting your bed frame immediately.

How Far Off the Ground Will My Adjustable Base Be?

Typically adjustable beds have 7” legs connect to the metal bed frame, and then the adjustable box spring portion measures about 8” thick (similar to a traditional box spring) for a total of about 15” from the floor to the top of the adjustable box spring.

Because legs come in a standard 7” height from the floor this leaves room for under bed storage if needed. Additional leg heights are available in many of our adjustable bed models in sizes of 2”, 5”, & 9” heights from the floor.

Generally if you use a thick mattress, or want to sleep closer to the floor you should opt to go with the shorter legs. Conversely, if you would like your adjustable base to blend in with traditional metal frame and box spring height then you should elect for the 7” or 9” legs. If you order legs that are not the correct height they can be easily swapped out for different legs.

Wall- Hugger Design

All of our adjustable bed frames has Wall-Hugger design. This means that the adjustable bed can sit close to a wall, or inside of a bed frame and still achieve full adjustability. WALL-Hugger design allows for the full adjustable motion even in tight spaces. Customers will want to elect for an adjustable base that has a wall hugger design if they are planning on attaching a headboard, placing the adjustable frame inside of a traditional bed frame, or if they would like to place their adjustable frame against a wall.

- Wall-Hugger design makes it easy to fit into small spaces
- Use your adjustable base inside of a standard sleight bed frame, platform bed frame, or traditional bedroom furniture
Ready to change the way you sleep? If so then give one of our customer care representatives a call. All of our customer care representatives are experts in adjustable beds, and improving the way you sleep. Our call center is open daily Monday–Friday 9AM–9PM, Saturday and Sunday from 10AM–7PM est.

www.AdjustableBeds.org

Call Now-(866) 805 0120

Save $250 off of any Legget & Platt Purchase
*Use code lande250 when calling

Free Memory Foam Pillows, Sheets, Bed Protectors
With the purchase of any split queen, king, or california king adjustable base & mattress set- $299 Value
*Use code freeaccessories2011 when calling

Save 10% off an Ergomotion 400 Adjustable Bed & 10” memory foam mattress set- $300 Value
*Use code erg10off when calling

Free White Glove Shipping With Delivery & Set Up
$299 Value
*Use code mywhiteglove when calling